

**MORNING
LIGHT**
MIDWIFERY
Elizabeth O'Shea LM, CPM
cell: 301-788-0113
fax: 304-725-6516

Mail In Order Form

Your Information:

Name: _____

Address: _____

Phone Number: _____

Item Description	Size	Price	Quantity
Basic Birth Kit - includes 10 23"x36" underpads, flexible straw, 12 sanitary pads, 2 sanitary briefs, 1 peri irrigation bottle, 1 basic cotton baby cap, 6 packages of 4X4" gauze, 2 pairs of latex gloves (size 6.5), 4 single latex gloves (size small), 2 plastic sterile cord clamps, 5 packages of lubricating jelly (3gm), and 2 adult diapers	1	\$40	
Karen Carr Birth Kit	1	\$50	
Melissa Lafferty Birth Kit	1	\$40	
NORA Tea - supportive pregnancy tea (contains 16 servings)	1 bag	\$10	
Sitz Bath Herbs - healing herbs for the postpartum period	1 bag	\$8	
Afterease Herbal Tincture - helps alleviate after pains	1oz	\$12	
Derma Heal (in glass bottle) - healing perineum essential oil spray (also works great as an all-purpose first aid spray)	2oz	\$15	
Derma Heal (in metal bottle) - healing perineum essential oil spray (also works great as an all-purpose first aid spray)	4oz	\$25	
Subtotal	----		
Shipping and Handling Flat Fee	----	\$10	----
Total	----		

Make checks payable to Liz O'Shea

Send order form and check to:

Liz O'Shea

6929 Mountain Church Rd

Middletown, MD 21769

*We appreciate your business.
Thank you for your order. Any
questions do not hesitate to
call at 301-788-0113.*

Liz